



# Newsletter

## Taflen Newyddion

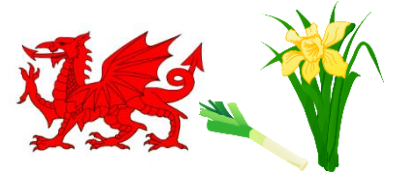
Friday 13<sup>th</sup> September 2019

Dydd Gwener Medi 13 2019

Issue 2

TK Maxx will be running their 'Give Up Clothes For Good' Campaign throughout September to raise funds for Cancer Research UK Kids and Teens. If you would like to get involved just fill up a bag of pre-loved quality clothes, accessories and/or homeware and take to the TK Maxx on Prestatyn Shopping Park or bring to school and they will collect them from us. Thanks

**Headteacher: Sharon Davies**  
**Email: Sharon.A.Davies@denbighshire.gov.uk**  
**Phone: 01745 852757**



### Reception P



Reception P have been enjoying circle games in the sun!

### Reception Classes

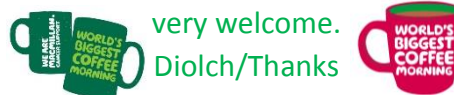
As part of their topic on pets reception would like to get their own pet to look after! If you have a spare fish tank, hamster cage, rabbit hutch or even any baby animal pets etc that we could have please see either Mrs Jones or Mrs Paley. Thanks

### Penblwydd Hapus

- Safa R – 8<sup>th</sup> September
- Annabelle H – 9<sup>th</sup> September
- Chantelle W – 9<sup>th</sup> September
- Holly C – 10<sup>th</sup> September
- Emily D – 10<sup>th</sup> September
- James D – 10<sup>th</sup> September
- Rhian H – 10<sup>th</sup> September
- Shanzay S – 10<sup>th</sup> September
- Riley C – 11<sup>th</sup> September
- Joshua F – 11<sup>th</sup> September
- Naermin S – 11<sup>th</sup> September
- Lily H – 13<sup>th</sup> September
- Chelsea M – 13<sup>th</sup> September
- Amelia T – 13<sup>th</sup> September
- Leona J – 14<sup>th</sup> September
- Logan M – 14<sup>th</sup> September
- Joe P – 14<sup>th</sup> September
- John P – 14<sup>th</sup> September

**Happy Birthday**

Mrs Roberts our Family Liaison Officer will be holding a McMillan coffee morning on 27<sup>th</sup> September 9 – 10.30am and 2.30 – 3.15pm in the canteen. Please drop in and support this fantastic charity. Any donations of cakes etc would be very welcome.



Diolch/Thanks

### Rugby World Cup

We want to support this and two of the Wales matches will take place during the school day so we have decided to show them in the hall for years 2 – 6. They will take place on Monday 23<sup>rd</sup> September and Wednesday 9<sup>th</sup> October. If you are not happy for your child to watch these please let me know.



Thanks



### Snacks

Please remember that we are a healthy school and only allow our pupils to have fruit or veg for snack time. Thank you.



### Reception Classes

Please bear with us at the end of the day! It seems to be taking a long time to pass the children over to parents at the moment. Thank you for your cooperation.



### Mindfulness

Mindfulness is a simple yet powerful practice helping to train the attention, by noticing what's happening from moment to moment kindly and without judging. For parents it is an opportunity to learn to slow down, to look after yourself and your children with greater awareness and compassion, helping to manage your responses and to fully appreciate fully your time together.

During the course we will learn some simple mindfulness practices as well as learn about the negative effects of stress. The course consists of experiential practice, such as meditation and movement, formal teaching and group discussions.

This is a FREE 8 week course with each session lasting 2hrs:

#### Limited places

Together we will explore:

- How to cope better when under pressure.
- How mindfulness can help us bring more awareness to our patterns of reactivity.
- Simple mindfulness practices to improve our ability to listen, communicate and regulate emotions.
- Recognise how our thoughts and judgements can generate more stress.
- Find balance and a sense of calm.

Starts: Monday 23<sup>rd</sup> September 11.00 – 1.00pm

For eight weeks (Not half term)

Rhyl Town hall

Gwenan Roberts has a qualification to teach mindfulness from Bangor University, and an MA in Mindfulness Based Approaches. She is a qualified speech and language therapist with over 35 years experience working with children and adults with learning disabilities and ASD.

For a booking form email: [sarah@standnw.org](mailto:sarah@standnw.org)



### Outside Achievers



Well done to you all. Da iawn chi!

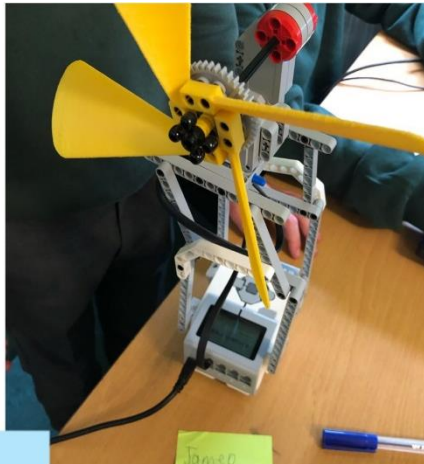
Last week lots of letters and information came home and I appreciate it was a lot to take in, however, one form was a 'hwb' agreement which needs to be returned to school. Please can you sign this and send it back on Monday. Thank you.

We thoroughly enjoyed the 'Make some Noise' session on Tuesday.



### School Uniform

Nearly all of our children look fantastic in their new uniforms. Please remember that our school uniform is a yellow polo shirt not white with black shoes/trainers. Please can you make sure that your child has the correct uniform. Thanks.



Year 6 Technocamp



PIC•COLLAGE

### Important dates for your diary

Monday September 16<sup>th</sup>

6Ch Life Skills

Tuesday September 17<sup>th</sup>

6Ch Life Skills

Wednesday September 18<sup>th</sup>

Swimming – 4G and 4R

5F Life Skills

Thursday September 19<sup>th</sup>

Year 6 Trip to Dangerpoint

Governors AGM – 6.30pm

Friday September 20<sup>th</sup>

Key Strings for Foundation Phase & KS2

## Band y Mis



## Candelas



[https://www.youtube.com/watch?v=n\\_N-F1EahWQ](https://www.youtube.com/watch?v=n_N-F1EahWQ)

## Band of the Month



Welsh phrase for the week



Dw i'n Flwyddyn .../ I'm in Year ...

Brawddeg Cymraeg yr wythnos

Making the most of Everyone

### Attendance/Presenoldeb

Our school attendance target is 94.5%

This week's attendance was 98.47%

Our school target is that everyone arrives on time - **8.55am ks2/9am foundation phase**

**29** children were late (13 FP & 16 KS2)

Huge congratulations to Alfie G, Louie G and Seydi K, Year 6 for being selected for the Denbighshire Primary School Football Squad. I look forward to hearing all about your matches.