



My Contact Details:

School Site - Monday to Friday

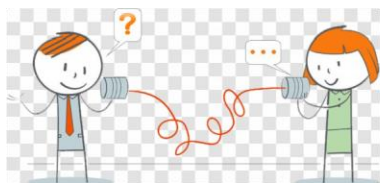
Ysgol Penmorfa,

Dawson Drive,

Prestatyn,

LL19 8SY

TEL: 01745 852757



Email Address:

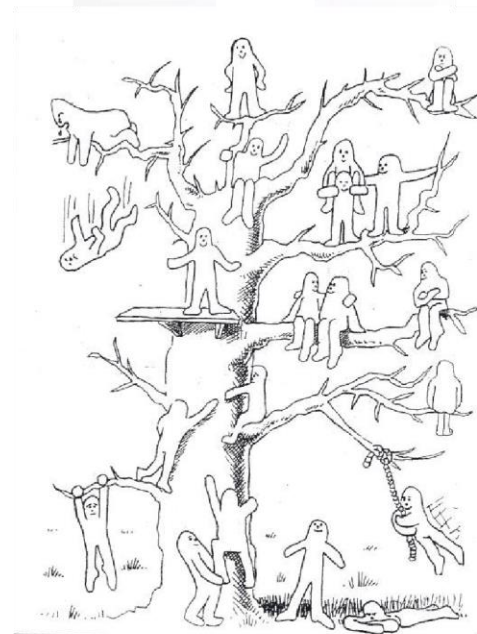
NolanM19@hwbcymru.net



Other Support and Resources



- ❖ YoungMinds - Parents Helpline - 0808-802-5544
youngminds.org.uk
- ❖ Family Lives Website - Free Parenting Advice and Support Helpline - 0808 800 2222
- ❖ www.nhs.uk
- ❖ School Family Link Team - Ask School Office for further details.
- ❖ NSPCC - Worried about your Child - Email Help@NSPCC.org.uk
Tel:0808 800 5000



**Social,
Emotional and
Behavioural
Manager. (SEB)**

Mr Mike Nolan

I would like to take a moment to introduce myself and provide a little background of how I have managed to become Ysgol Penmorfa's SEB Manager.

I have worked in many schools as a class room Teacher Assistant working my way into supporting all types of Behaviour within mainstream Primary settings. I have worked alongside Headteachers to create provisions to help support those children who find it hard to manage their Social, Emotional and Developmental Needs within school. This work encouraged me to move on to work with Denbighshire Council in a Behavioural Unit for Pupils unable to cope in Mainstream Education. I developed my skills to Secondary level and worked on a 1-2-1 basis as a Behavioural Specialist.

Since my time within these roles I have increased my knowledge and experience within areas such as Trauma, Loss and Bereavement, Mental Health Issues and became Timian Qualified.



Where Can I Help?

I would like to stress that I am not a Qualified Doctor or Psychologist and don't have the superpowers to diagnose conditions but I am here to support, provide many provisions, ideas, suggestions and plans of actions to help with anything you may be going through.

Children who are struggling to express their Emotions will display Behaviours that they themselves are unable to communicate, and soon come to realise they need extra support.

Where I can Help -

- Any Change of Behaviour shown at Home
- Any Change of Behaviour Shown at School
- Anger, Expressing Feelings, communication, Social Skills, SelfEsteem, Confidence, Addiction (Gaming, Mobiles Etc) Bullying.



- Provide Further Support/ Agencies or referrals if required.

"Behaviour - the way in which one acts or conducts oneself, especially towards others"

Drop in Sessions and Support:

Drop In Sessions:

- **Monday - Friday - 9am - 9.30am (when it is safe to do so)**
- **Workshops throughout the school term - (dates will be issued)**
- **One-2-One meetings can be booked via school office or my contact details.**

- **Resource Packs on request for individual needs**

