

Ysgol Penmorfa

Newsletter

23rd June 2023 (No. 34)



Healthy Schools Update.

As we are currently reviewing our Food and Fitness policy can we politely remind you that we are a Healthy School. All pupils are encouraged to bring healthy snacks of fruit or vegetables for snack time, and we offer free milk for Nursery to Year 2 pupils if they wish to choose it. If pupils don't have milk, we encourage a drink of water and can provide cool, chilled water. Pupils may bring a bottle of water to school (separate from their lunch time drink) which they can access freely throughout the day and refill them as they wish. Following Welsh Government guidance, we provide healthy drinks of milk and water that are hydrating and protective to teeth.

Thank you for supporting us to be a Healthy School!







Healthy Selfie!

We are looking to add pictures of pupils making healthy choices about diet and lifestyle out of school to our weekly newsletter! Can you take a selfie doing something healthy? Some ideas might be - go for a walk, bike ride, swim, run, jump in puddles, go on a scavenger hunt/geocaching, make a healthy meal/snack. When you do something healthy take a selfie and send your healthy selfie to sharon.a.davies@denbighshire.gov.uk for them to appear in the newsletter.

Ysgol Penmorfa Open Day

Thursday - 09/06/2022 Headteacher tours 09:00 11:00 13:00

'Making the Most of Everyone'

www.ysgolpenmorfa.com

@ysgolpenmorfa



We are pleased to announce that from September, Universal Free School Meals will be offered to all pupils from Reception to Year 4. Year 2 currently have a free meal and from this week the children were able to select either the hot option or a cheese, ham or tuna sandwich or wrap. If your child doesn't currently have the free option please consider this.



Huge thanks to everyone who donated an item for the Summer Fair. We were delighted with the response and have no doubt that these items will allow us to raise lots of money for Ysgol Penmorfa and of course the pupils! Diolch yn Fawr iawn.

Making the Most of Everyone

Happy Birthday

Tommy S – 18th June

Bran O – 19th June

Scarlett R – 20th June

Mya-Rose P – 21st June

George W - 21st June

Levi J – 22nd June

Bella M - 22nd June

Remi-Leigh O – 23rd June

Folafemi O – 23rd June

Layla T – 23rd June

Amy J – 24th June

Important dates for your diary

Monday 26th June

Y1 & Y2 Forest School/Life Skills

School Trip to Inflatable Park

Tuesday 27th June

Y3 & Y5 Forest School/Life Skills/Builders Yard

Coffee Morning 9.15am

Wednesday 28th June

Reception J Forest School/Life Skills

Y4 to Pentrellyncymer

Thursday 29th June

Y6 & Y4 Forest School/Life Skills/Builders Yard

Friday 30th June

Language and Play 9.30 – 11.30am

Y4 Home from Pentrellyncymer

Saturday 1st July

Summer Fair on the school field 11am – 3pm All welcome!